

WELCOME TO VÆRØY FISHING VILLAGE



PHOTO:Merete Evenseth

TOURISTINFORMATION – VÆRØY - SUMMER 2025

Active fishing village – exciting hiking tracks – sandy beaches – very changeable weather (midnight sun, fog, storm) - bird mountains - cultural heritage, history of eagle catching, puffin dogs – many trails - deep sea fishing - local pottery, handicrafts, . Stockfish and other local fish-specialities maelstrom Måstad: Old village of bird catchers



Centre of Værøy

TOURIST OFFICE – OPENING HOURS – SUMMER 2025

At the Tourist information in the centre (next to the Town Hall): or at ferry dock

Mon/Wed/Fri 1030-1530 Sat: 1200-1500

Tue/Thu 0830-1230 and 2030-2130 (at ferry dock)

www.varoy.kommune.no

mail: turistkontor@varoy.kommune

webpage: <https://visitvaroy.no>

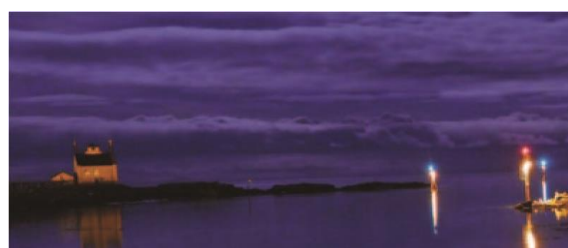
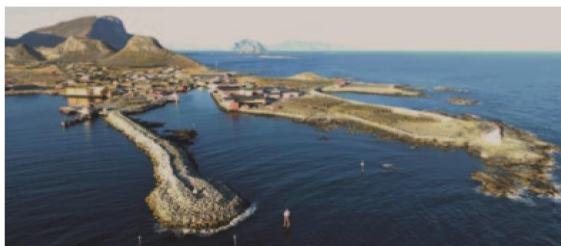
Tlp.: +47 905 66 478 info

Værøy – An exciting island penultimate in the chain of the Lofoten Islands

Værøy has every feature typical of Lofoten in one place. It is an active and pulsating fishing village with a rich history, midnight sun, white sandy beaches, bird mountains, ever changing weather and very special nature. The Værøy mountains differ from those in the rest of Lofoten. Although just as steep, they are easier to ascend. Beware the mountains does not consist of solid stone.

Wonderful views in all directions after little more than a brisk walk. To the east and south of the mountains lies Sørland, the island's municipal centre. On the northern side of the island we find the oldest church in Lofoten(built 1714) and the old parsonage(accommodation and restaurant(only for guests). The midnight sun, from 30 May to 13 July, can be seen at its best out here where the path to Måstad begins. The trails are marked.

More than 60 % of jobs in Værøy are connected with the fisheries. Fishing in Lofoten is for cod in winter, Greenland halibut and saithe and mackerel in summer, and herring in autumn. The climate in Værøy, with its mild winters and cool summers, is perfect for producing stockfish (dried fish). Italy and Spain are the most important markets, and as a result of this trade down through centuries Værøy is twinned with Venice. Værøy also produces around 60% of Norway's «lutefisk» which is made of stockfish. The per capita value of fish exports is more than 1,5 million NOK in spite of less than 700 residents.



There used to be large seabird colonies in the cliffs on the outer edge of the Måstad peninsula which in times gone by - were an important and necessary food resource for the 150 people living here using the rare local "lundehund" or puffin dog originating from Måstad special trained and equipped for hunting birds. With no roads and poor harbour facilities, Måstad was eventually abandoned in 1976. Using the path to Måstad or birdsafari by boat is truly a great experience.

For many hundred years up to 1960s eagles were caught in Værøy by the islanders using only their bare hands. Lying concealed in mountain caves, the hunters would lure the eagles with bait and then catch them alive for bounty money. The record is 252 eagles caught in one year! Puinn Sanden which can only be reached by boat - is a beautiful and unusual sandy beach, with cave containing paintings more than 3,000 years old. Mollbakken at Nordland is a large pebble beach at the old sea level. The trip from Moskenes to Værøy takes one across the world's fiercest maelstrom current, «Moskenesstraumen».

The area around Værøy is perfect for deep sea fishing, kayaking and diving. Walking trails offer wonderful scenic views. Røstnesvågen is a special and charming area with many preserved historical buildings and the old lighthouse surrounded by modern fishing factories, pub and the current helicopter airport. Sørland is the centre of the island where you can find shops with postoffice, petrol station, fishing factories, garage, cafe, skatepark, several accommodations, municipal administration, library, spa, pottery and doctor.

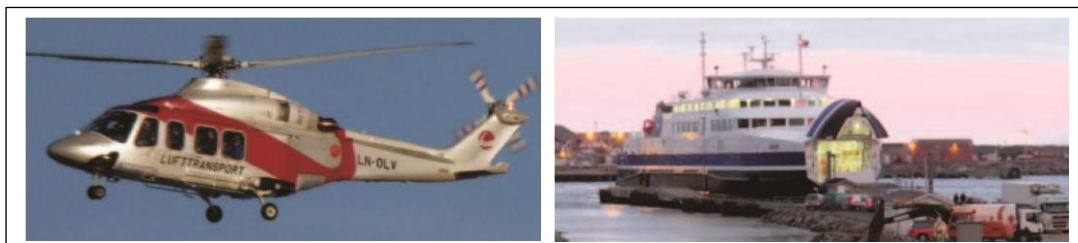


TIMETABLE HELICOPTER VÆRØY-BODØ-VÆRØY

Dep. Bodø	Arr. Værøy	Dep. Værøy	Arr. Bodø	Weekdays
08.30	08.55	09.15	09.40	123456
16.30	16.55	17.15	17.40	123457

Booking/info: Lufttransport 75431800 internett: www.lufttransport.no

Rendezvous 1 hour before departure



General information and infrastructure;

Water and toilet: Servicecenter i Nordlandshagen in connection with camping facilities or at ferry terminal and servicecenter Marka.

Parking at the airstrip (Skiphalsen) at the northern side of the island or near the local shop at Sørland. Toilet, water, parking, septic tank at servicesenter Nordland. Waste: Can be delivered in containers at ferry terminal and the Town hall.

Electric waste are to be returned to the shop where you bought it – or at Skaret deponi (on the road to Nordland) open Tuesdays 12-1530.

Car charging at airport Røstnesvågen and Værøy Bryggethotell.

Ferry connection Bodø - Moskenes - Værøy - Røst

For information visit website: www.torghatten-nord.no

Route information tel: +47 177

To make a reservation for car, please visit web site www.torghattennord.no.

For registration of passengers with QR code: latest show up 45 minutes before departure. Information where the ferry is:

<https://www.marinetraffic.com>

Tuesday and Thursday (30.05-31.08.25) there is direct connection from Bodø to Værøy at 05.30 and from Værøy to Bodø at 20.45 the same day. There is a connection to or from Moskenes-Værøy every day in summer.

Reservation for changes - check website

M/F «Landegode» Tel. +47 406 98 271 M/F «Værøy» Tel. +47 406 99 845 M/S «Bodø» Tel. +47 480 39 990

LOCAL MENU – SERVICE – INFRASTRUCTURE (Tel: +47)

Værøy bunker tel. 92605848 Mail: tor@fagertun.eu All kinds of fuel for cars and boats. Fresh water. Info: <http://vaeroybunker.no>

No ATM
at Værøy

Police tel. 02800 Office: Town hall - see notice

Doctor office : 46903875 (0930-1130/1230-14) Urgent 90541640 Emergency 113

Churches tel. 93486907 Open: see local notice. Info: www.kirken.no
mail: postvaroymenighet@gmail.com

Astrup Lofoten as tel. 95231715 Mail: jarle@astruplofoten.no
Sale whalemeat, stockfish and lutefisk, Værøy ham, boknafisk, fish fillet

Værøy Auto: garage and car rental: tel 900 95 419

Boatclub tel. 934 92 534 Mail: btsoerheim@hotmail.com
Floating stage. Location for 6 visiting boats. Electr.+water

Kroa and Kiosk tel. 97305975 Mail: juneolsen84@gmail.com
Bike rental and room to rent: tel: 90779913/92670045
Open 1100-2200 Sweets, takeaway, lemonade, souvenirs, dinner
Order food: Frujohansen.fline.no

Coop Prix tel. 76095577 Mon-Fri 09-19 (Sat 18) Groceries, post office and mini pharmacy

Café Supern - Coop Prix – tel 40168395. Opening summer man-fri 10-17 (Sat 16)

SIGHTSEEING:

Røsthavet tlf. 97037518/90095419. Deep sea fishing. Sightseeing by boat for groups (4-12 px) Booking in advance. Mail: rosthavet@gmail.com
Værøyguiden Bertrand Hardie tel. 90640263 sightseeing/guiding/storytelling
Mail: bolkenh@yahoo.no

Bensvik Brygge - guided boattrips. Bensvikbrygge.no - +4790036246
post@bensvikbrygge.no



ACCOMODATION/ACTIVITIES/LOCAL MENU (Tel:+47)

Lofoten Værøy Bryggehotell: Hotel with rooms and rorbu. Restaurant with ala carte meny from local food and with all rights. Mail: info@varoybrygge.com Tlf. +47 90859034 info: www.lvbh.no Boattrips and fishing

1

Værøy Gamle Handelssted: Rooms at Gammeltelegrafan and Fiskarheimen Havly. Traditional style. Museum. tel. 97042982 Mail: post@vgh.no - info : www.vgh.no

2

Sjybrygga tel. 90051419 Mail: vidar@sjybrygga.no Rooms and boats. Deep sea fishing. Info: www.sjybrygga.com

3

Værøy Gamle Prestegården tel. 76095411 Mail: hege@prestegaarden.no Rooms at the old Vicarage. Local food. Info: www.prestegaarden.no

4

Værøy Skate /BMX Park. Open every day.

Lofoten Pub1Mail: lofotenpub1@outlook.com tel. 92879170 - Open 17-23 mon-thu - 17-0230 fri-sat - 17-22 sun.

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Bensvik Brygge – tel +47 90036246 – post@bensvikbrygge.no www.bensvikbrygge.no Nice apartments and room in the harbour of Værøy Tel+47 94854372:Kayak rental and guided boat trips

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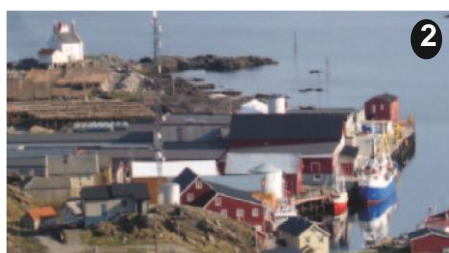


Lofoten Fyr: Staying at lighthouse from 1880: «If you want a special experience you should try out Lofoten fyr» Info: lofotenfyr.no tlp. 95167244/48022208 mail:booking@lofotenfyr.no

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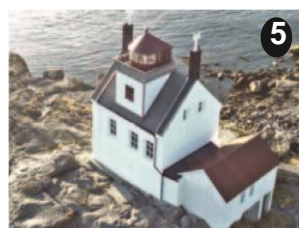
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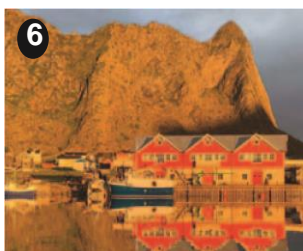
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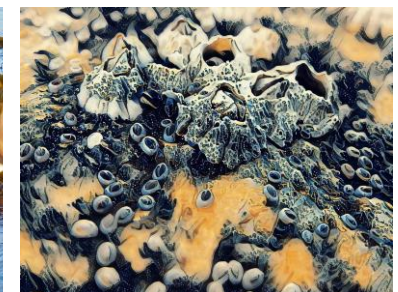
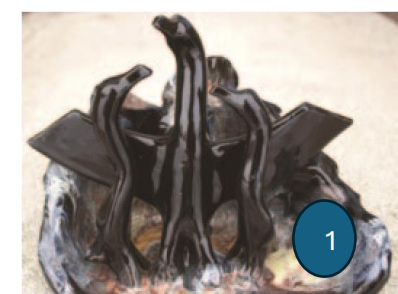
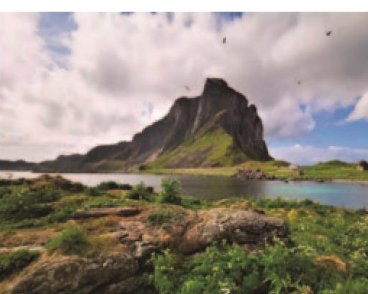
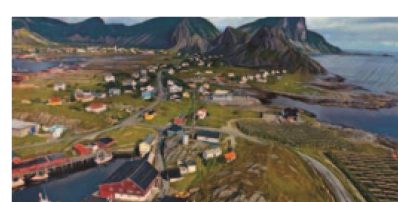
Local handicraft - Spa - Arts & Crafts (+47)

Skarven pottery and photo(www.skarvenkeramikk.no) Local handmade ceramics with maritime design. Special photos. Tel 48199927 Open every day on request.

Mail: nordishavet@hotmail.com Tyvnesveien 10(near ferry pier)

Artur Zukowski – wooden sculptures – mail azuko75@gmail.com – tel 45581783

Lotus spa and massage – Tyvnesveien 10 – tel 48199927 – Wellbeing/spa/massage
mail: nordishavet@hotmail.com





TRAILS (BLUE) BEACHES (GREEN

Colour marking of trails/level of difficulty:

Green: Relatively easy trail

Blue: Medium level

Red: Challenging level

Black: Very demanding/tough trail

Be aware of the possibility of rock slide – parts of the mountains consist of brittle stones

